

New Mind, Body & Spirits Organic Restaurant

Description: Conversion of 2-Stories w/ Basement Building into New Restaurant with Rear Addition, 6,400 SF

Location: 301 S. Main Street, Rochester, Michigan

Cost: \$2,400,000

Completed: 2008



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Located in downtown Rochester, MI's central business district, this 1880 brick merchantile building saw many business uses over it's 130 years history. Originally it was a dry goods and millenary store with living quarters on the 2nd floor, then a real estate firm, a gift shop, a fine arts gallery and finally a interior design firm, It has now undergone an adaptive reuse and transformation into the New Mind, Body & Spirits Organic Restaurant. A new rear kitchen, restrooms, greenhouse and rooftop dining deck addition was added in the former rear parking lot. The owner's desire was to create a state-of-the-art energy efficient organic restaurant using on-site grown and locally procured organic produce, sustainable green non-toxic interior building finishes, lit by compact fluorescent and LED lights, recycled building materials and powered by renewable energy technologies including geothermal heating and cooling, solar photovoltaic panels for electricity and solar flat plate collectors for pre-heating domestic hot water.

A 3 story open interior stairs and mechanical chase was added adjacent to the rear inside corner of the existing building and the original triple wythe bricks were carefully removed from this exterior brick wall and reused as the matching brick veneer for the new rear addition. The building was also designed to be barrier free ADA accessible.

The Rochester Planning Commission, City Council, City Engineering Consultant and the Oakland County Health Department all reviewed and approved the final building plans. Construction started in June of 2008 and was completed in November of 2008.

Building Attributes

- Historic Downtown Building (1880)
- Preservation and Restoration of Exterior Building Features
- New Kitchen, Restrooms, Greenhouse & Rooftop Dining Deck Addition
- Energy Efficient Kitchen Equipment
- Green Sustainable Finish Materials
- Geothermal Heating & Cooling
- Solar Photovoltaic & Solar Water Heating